

## SOME FACTS YOU SHOULD KNOW About Repetitive Strain Injuries and Carpal Tunnel Syndrome

Repetitive strain injuries are the nation's most common and costly occupational health problem. They are the fastest growing category of work-related illness. Nearly two-thirds of all occupational illnesses reported were caused by exposure to repeated trauma to workers upper body (the wrist, elbow or shoulder). One common example of such an ergonomic injury is Carpal Tunnel Syndrome.

Musculoskeletal disorders, including Carpal Tunnel Syndrome, are among the most prevalent medical conditions in the U.S. They account for 14% of physician visits and 19% of hospital stays. 62% of the persons with musculoskeletal disorders report some degree of limitation on activity.

Carpal Tunnel Syndrome is the #1 reported medical problem, accounting for about 50% of all work-related injuries. It also results in the highest number of days lost among all work related injuries. The U.S. Department of Labor has concluded that Carpal Tunnel Syndrome is the "chief occupational hazard of the 90's" - disabling workers in epidemic proportions.

849,000 new cases of Carpal Tunnel Syndrome occur annually. Currently, it affects over 8-million Americans. Presently, 25% of all computer operators have Carpal Tunnel Syndrome. Women are twice as likely to develop Carpal Tunnel as opposed to their male counterparts.

Up to 36% of all Carpal Tunnel Syndrome patients require unlimited medical treatment. Surgery for the condition is the second most common type of surgery, with well over 230,000 procedures performed annually. Approximately 260,000 Carpal Tunnel release operations are performed each year, with 47% of the cases considered to be work related.

Only 23% of all Carpal Tunnel Syndrome patients were able to return to their previous professions following surgery. The surgery has about a 57% failure rate following patients from 1-day to 6-years. At least one of the following symptoms reoccurred during this time: pain, numbness, tingling sensations.



### PRODUCT INFORMATION

#### MATERIALS:

Wristease® are made from a 95% cotton/5% Spandex wristband with a poly memory foam pillow.



Wristease® is a registered trademark and is a patented product in the USA and countries worldwide.

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